FOR PATIENTS

Recommended Year-Round Immunization



Certain routine vaccines can be scheduled throughout the year. Be proactive about your health and stay up to date

People may tend to batch their shots around flu season. While this can be convenient, it may cause delays in getting protection from diseases that can be prevented by vaccines

Did you know?
Missed vaccinations may lead to an increased risk of illness and complications from preventable diseases[1]

Actions you can take to stay current with your vaccinations:

Talk to your doctor about your vaccination status during each visit

Develop a plan with your doctor to schedule necessary vaccinations

Not sure which vaccines you need?

Talk to your doctor or pharmacist for more information on which vaccines are appropriate for you. They can help create a personalized vaccine calendar for you. **You may be able to get more than one vaccine in the same visit**

Planning to travel soon?

Ask your provider about additional vaccines that you may benefit from depending on where you are traveling

While influenza vaccination is seasonal, you can get other recommended vaccines throughout the year for protection

The Centers for Disease Control and Prevention (CDC) recommends the following adult vaccines[2]*:

	Vaccine	Age (yrs)	Schedule
Any Time of Year	RSV†	≥50	1 dose
	Shingles	≥50	2 doses
	Tdap	≥19	1 dose Tdap, then Td or Tdap booster every 10 years
	Hep B	19-59	Complete 2, 3, or 4 doses depending on vaccine or condition. If ≥60, vaccination recommended for those with risk factors for Hep B
	HPV	19-27	2 or 3 doses depending on age at initial vaccination. Vaccination for adults aged 27-45 based on shared clinical decision-making
	COVID-19	≥19	1 or 2 doses based on vaccine and vaccination history
	Pneumococcal	≥50	1 or 2 doses depending on vaccine
Fall	Influenza‡ (inactivated or recombinant)	≥19	1 dose annually

Hep B=hepatitis B; HPV=human papillomavirus; RSV=respiratory syncytial virus; Td=tetanus and diphtheria; Tdap=tetanus, diphtheria, acellular pertussis.

*This list is not exhaustive. Please visit the CDC Adult Immunization Schedule for additional details such as special situations, contraindications and precautions, and shared clinical decision-making recommendations.[3]

† RSV: One-time vaccination is recommended for adults ≥75 years of age and adults ages 50–74 with CDC-defined risk factors for severe RSV disease (eg, chronic cardiovascular and respiratory conditions, immunocompromised). Additional doses not recommended. Preferably, administer in late summer or early fall before respiratory season. If previously vaccinated, additional doses are not recommended. No data are available to inform whether additional doses are needed.[2,4]

‡ For most patients, flu vaccination should be completed by the end of October. However, if it is not, seasonal flu vaccination should continue as long as flu viruses are circulating[5]

Take advantage of opportunities to get vaccinated throughout the year. Protect your health and stay up to date on your vaccinations

References: 1. 5 reasons it is important for adults to get vaccinated. Centers for Disease Control and Prevention. Updated July 1, 2024. Accessed August 1, 2025. https://www.cdc.gov/vaccines-adults/reasons/index.html **2.** Recommended Adult Immunization schedule for ages 19 years or older. Centers for Disease Control and Prevention. Revised August 7, 2025. Accessed August 21, 2025. https://www.cdc.gov/vaccines/hcp/imz-schedules/downloads/adult/adult-combined-schedule.pdf **3.** 2025 recommended immunizations for adults aged 19 years and older. Centers for Disease Control and Prevention. Updated April 2025. Accessed August 1, 2025. https://www.cdc.gov/vaccines/imz-schedules/downloads/adults-schedule-easy-read.pdf **4.** RSV vaccine guidance for adults. Centers for Disease Control and Prevention. Updated July 8, 2025. Accessed August 21, 2025. https://www.cdc.gov/rsv/hcp/vaccine-clinical-guidance/adults.html **5.** It's a good time to get your flu vaccine. U.S. Food & Drug Administration. Updated January 31, 2025. Accessed August 1, 2025. https://www.fda.gov/consumers/consumer-updates/its-good-time-get-your-flu-vaccine

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